

SELF PACED, DYNAMIC WORKSHOPS BY PHYSIOTHERAPISTS

Part 1: Optimizing Hip and Knee Function



Feeling uncertain about how to treat clients with hip or knee replacements or advancing osteoarthritis? In this dynamic, self-paced course, learn the latest total joint surgical procedures and the most effective prehab/posthab neuromuscular exercises from physiotherapists. (8 CECs)

\$25 discount for AKA members!

Enter code: **AKA25**

Course link:

<https://activeinitiatives.thinkific.com/>

Optimizing Shoulder Function: Teach your clients how to maximize stability and mobility. This dynamic, self-paced workshop covers shoulder anatomy, function, and the critical role of the scapula. Learn the most effective exercises for everything from shoulder injuries to taking your athletes the next level. (7 CECs)

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